

Are Eggs Health for Dogs?

Whenever people have a discussion regarding feeding eggs to dogs, a debate almost always ensues regarding whether eggs are safe or healthy for them and how they should be served.

“Eggs are a great source of very digestible protein, riboflavin, and selenium. For some dogs that are prone to digestive upset, eggs can give them a little protein boost. Adding eggs to your dog’s food is a healthy treat. Make sure to use cooked whole egg, as raw egg whites can cause biotin deficiency. If you do a lot of training with your dog, consider taking cooked eggs to your next class as training treats”.

Misconceptions

Many dog owners insist that raw eggs are best, because they can give a dog a soft coat. However, only cooked eggs should be served to dogs; raw eggs block the absorption of biotin.

Protein Packed

Cooked eggs are an excellent form of digestible protein and can be served safely in small quantities to most dogs.

More Benefits

Eggs contain riboflavin and selenium, which are beneficial to dogs. Including crushed egg shells when you cook the eggs can give your dog a calcium boost.

Considerations

Dogs with sensitive stomachs can develop gastrointestinal problems, such as pancreatitis, when fed unfamiliar foods. Be cautious when trying new foods on dogs; pancreatitis warrants an emergency trip to the veterinarian.

Cooking the Eggs

Chopped hard-boiled eggs are a favorite of many dogs, and some people feed them whole without peeling off the shell. Scrambled (without butter) and poached eggs are also healthy choices

References: http://www.ehow.com/facts_5244094_eggs-healthy-dogs_.html
<http://www.moderndogmagazine.com/articles/10-people-foods-dogs/1896>